

## PADI SEAL TEAM - Action, Adventure and AquaMissions!

When you get right down to it - the PADI Seal Team program is just plain cool! Designed for young divers (kids eight and older), this exciting new program is built around action-packed AquaMissions!

What's an AquaMission? It's an underwater pool adventure where kids learn scuba activities. Take AquaMission: Inner Space Specialist for example, here kids learn how to float underwater like an Astronaut. And AquaMission: Snapshot Specialist, this is where PADI Seal Team members take pictures of each other scuba diving.

Supported by a video, manual and logbook, the PADI Seal Team program is broken into two parts. Part one, AquaMissions 1 - 5, teaches kids the basics of diving - things like buoyancy control, mask clearing, regulator recovery, etc. After building a solid foundation of scuba skills, kids move on to part two.

Part two is full of Specialty AquaMissions. These cool dives teach kids different scuba activities. Here's a list of the Specialty AquaMissions:

- Creature ID Specialist
- Environmental Specialist
- Inner Space Specialist
- Navigation Specialist
- Night Specialist
- Safety Specialist
- Search & Recover Specialist
- Skin Diver Specialist
- Snapshot Specialist
- Wreck Specialist



As you can see, PADI Seals get to sample a wide variety of dives. And the best part of the Specialty AquaMissions, they reinforce save diving skills while the kids are having fun. Get involved today - pool diving has never been this adventurous!

### Kids Sea Camp AquaMissions examples

#### **AquaMission 1**

In your first AquaMission, you learn the basics of diving. You get to breathe underwater, learn about your air gauge and practice hand signals with your instructor and PADI Seal Teamfriends. It all starts here - have a great time!

#### **AquaMission 2**

In AquaMission #2, you build on your scuba skills by practicing regulator skills. By learning good regulator recovery methods, you become a more confident diver and great PADI Seal Team buddy (more on that later).

#### **AquaMission 3**

In the third AquaMission, you learn mask clearing, octopus breathing and hand signalskills. After this AquaMission, you're more than halfway to becoming an official PADISeal Team

member!

#### **AquaMission 4**

In this AquaMission, you learn what it's like to be weightless - just like an Astronaut inspace! Controlling your buoyancy - being able to "hover" underwater - is one of themost important skills for a PADI Seal.

#### **AquaMission 5**

This is your last AquaMission for level one! After this you'll be an official PADI SealTeam member! Get ready to show off what you've learned as you move on to yourSpecialty AquaMissions.

#### **Night Specialist**

This is one of the best AquaMissions yet! Whether you're diving in the pool at night, orhave the indoor lights off during the day, you'll find diving in the dark exciting and fun.

You and your Seal Team diver buddies will go crazy over this dive.